

Long Tones 1 $\text{♩} = 100$ Paradiddles

Measures 1-5: Snare and Bass paradiddle exercise. The snare part plays a steady eighth-note pattern, while the bass part plays a similar pattern with occasional rests.

Measures 6-11: Continuation of the paradiddle exercise with alternating snare and bass patterns.

Measures 12-17: Continuation of the paradiddle exercise with alternating snare and bass patterns.

Long Tones 2 Double Bounce Studies

Measures 18-23: Double bounce studies. The snare part plays eighth notes, and the bass part plays quarter notes. Includes a fermata on the snare in measure 23.

RR L R L R L R L LL R L R L R L R

Measures 24-28: Double bounce studies with various rhythmic patterns. Includes a fermata on the snare in measure 28.

RR L R L RR L R L LL R L R LL R L R

RR L - etc.

LL R - etc.

Measures 29-32: Double bounce studies with various rhythmic patterns.

R LL - etc.

L RR - etc.

Measures 33-37: Double bounce studies with various rhythmic patterns. Ends with a double bar line and a '2' indicating a second ending.

R R LR R L sim. L L R RL L R R sim.

2

Long Tones 3
(Low)

Snare and Bass

38

Accent Exercise

44

Flexibility 1

Flam Taps

50

(L)R L (L)R L (r)L R

56

(L)R (R)L etc. (L)R L R L (L)R L R L

62

sim. (R)L R L R (R)L R L R sim.

67

(L)R (R)L etc. (L)R R (R)L L (L)R

Flexibility 2
drags and buzz rolls

72

78

Flexibility 3

83

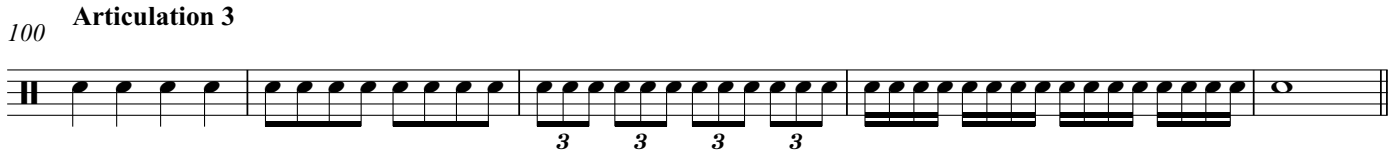
88

92

96 **Articulation 1** (on scale) **Articulation 2** (on scale)



100 **Articulation 3**



105 **Art. Exercise**



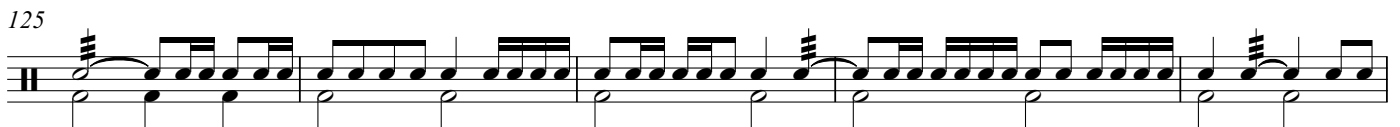
112 **Chorale 1** ♩ = 72



120 **Chorale 2** *snare off*



125



130 **Chorale 3**



136



Symphonic Warm-ups

John McAllister

Long Tones 1 ♩ = 100

Long Tones 2

Long Tones 3

(Low)

Flexibility 1

Flexibility 2

72

Flexibility 3

79

opt. 8va

85

opt. 8va

90

opt. 8va

**Articulation 1
(on scale)**

**Articulation 2
(on scale)**

96

Articulation 3

100

Art. Exercise

105

Chorale 1 ♩ = 72

113

Chorale 2

121

Chorale 3

130

136

Aux.

Symphonic Warm-ups

John McAllister

Long Tones 1 ♩ = 100

4/4
|| ||

8
|| ||

15
|| ||

Long Tones 2

21
|| ||

27
|| ||

32
|| || **2** ||

Long Tones 3

(Low)

38
|| ||

44
|| ||

Flexibility 1

50
|| ||

56
|| ||

63
|| ||

Flexibility 2

69

75

Flexibility 3

80

86

91

**Articulation 1
(on scale)**

96

**Articulation 2
(on scale)**

Articulation 3

100

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

131